



## You Bug Me! Parent Handout

**DATE:**

**SOCIAL SKILL OBJECTIVE:** Students often do things that “bug” their peers without even knowing it. On the other hand, it is important to respond to “bugging” behaviors appropriately.

**BOOKS:** *The Worst Best Friend* by Alexis O'Neill; *Milton the Early Riser* by Robert Kraus

**GAME:** You Bug Me!

**SOCIAL SKILLS EXPECTATIONS:** When discussing specific behaviors that impact relationships, ask: Who, What, Where, When, Why, and How in relation to behaviors.

**FOLLOW UP AT HOME:**

Ask your child to discuss what you do that “bugs” him. You may be surprised!

Ask your child if he thinks he does things that “bugs” others.

Remind him to use appropriate language when communicating if someone is bothering him.

It is important for the kids to recognize behaviors that may have a negative impact in social relationships. It is also important to educate others if perceived “bugging” behaviors are symptoms of their neurological disorders.

Take “You bug me!” one step further and make it positive. Showing kindness, understanding, and cooperation helps us have successful social interactions. When we turn our negative comments into positive ones, we tell others we are trying to improve behaviors that bug them. Discuss situations where they have experienced “being bugged” by another person or when they knew they were “bugging” someone else.