



Witness Parent Handout

DATE:

SOCIAL SKILL OBJECTIVE: Students will understand the impact that inappropriate behaviors in public have on others.

BOOKS: *Stromple and the Super-Huge Temper Tantrum* by Stacey Geist; *When I Feel Angry* by Nancy Cote; *When Sophia Gets Angry-Really-Really Angry* by Molly Bang

GAME: Witness

SOCIAL SKILLS EXPECTATIONS: When discussing specific behaviors that impact relationships, ask: Who, What, Where, When, Why, and How in relation to behaviors.

FOLLOW UP AT HOME:

Discuss with your child what triggers a meltdown and how they feel when they are having it.

Plan ahead what things or places need to be avoided.

Talk about relaxation techniques your child finds helpful after a rage.