



## Trustworthiness Young Adult Handout

**SOCIAL SKILL OBJECTIVE:** Students will understand that positive peer relationships are built on trust. Once you are dishonest with someone, it is very hard to get them to trust you again.

**DISCUSSION CARDS:** Making Choices

**FOLLOW UP:**

**Think about the following list of questions.**

- How do you feel when someone tells you a lie?
- What could you do that would make your parents stop trusting you?
- Would you trust somebody who lies?
- How do you think lying will impact your ability to get or keep a job?
- If something you are supposed to do is difficult and lying keeps you from going forward what are the consequences?
- Do you think that lying can ruin a friendship?
- How can simply being honest make life a lot easier?
- If you tell just one lie, does that make you a liar?
- How could lying impact a life or death situation?
- If you confessed to someone that you were lying about something, how do you think you would feel?